

HOW TO USE: **MINIMAL** & **FUNCTIONAL** YOUTH WORK CONCEPT



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What is the Minimal & Functional Youth Work Concept?

The M&F Youth Work Concept was developed within the Erasmus + Small Scale Partnership project co-funded by the EU.

The concept is free for everyone (specifically youth workers / facilitators) working with youth aged 16-29. Minimal & Functional uses very simple tools to create strong learning and participation experiences.

Key elements:

- The concept offers practical tools for youth workers without theoretical overload, ready to be implemented without long-time preparation.
- The emphasis hands-on, fun (games, role-play, minimal equipment) to engage youth.
- The target group is young people 16-29 (including NEETs or those with challenging behaviors)
- The aim is empowerment, to facilitate, critical thinking, media literacy, democratic participation.
- Due to its minimalism, the concept is suited for settings with less budget or infrastructure—good for NGO or youth centres.
- The concept is available in different formats: Website (mobile-friendly), Youtube-Channel, printable PDF-Document



Where to find the Minimal & Functional Youth Work Concept?



Website:

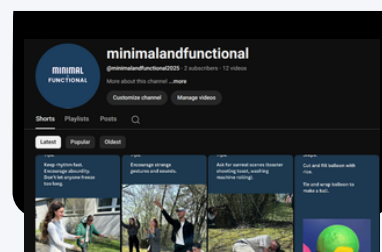
www.minimalandfunctional.eu
(mobile-friendly)



including
all printable
resources

Youtube-Channel:

<https://www.youtube.com/@minimalandfunctional2025>,



PDF-Document

available on
www.minimalandfunctional.eu



What's inside the Minimal & Functional Youth Work Concept?

The Minimal and Functional Youth Work Concept is structured into three main “Parts” + a bonus tool. Each part includes a series of activities (with materials, steps, tips, outcomes). The parts are:

- **Part A: Circus & Performing** – Activities like “Overdramatic Intro”, “Alien Personality”, “Electrical Device Personality”, “Juggling Balls”, etc. These are practical, playful, low-tech methods to engage a group.
- **Part B: Politics & Politician** – Activities such as “Cube Debate”, “Pub Quiz”, “Youth Parliament”, “Party Campaigning” to promote critical thinking, democratic skills, communication.
- **Part C: Media Literacy** – Activities like “Fake News Show”, “Media Lab” (teams making short interviews/videos) to boost media/media-critique skills.
- **Bonus: Daily Choices for Functional Life** – A game focused on financial literacy, well-being and decision-making to improve.

How to use the Minimal & Functional Youth Work Concept?

The tools are minimal and functional, built for youth-work settings with clear steps and measurable outcomes. They use only simple or easily available materials making preparation quick and uncomplicated.

All tools are downloadable to use as templates available on the project website.

Depending on preference, the instructions can be read online, printed as a PDF, or viewed as short videos on the project's YouTube channel.





Project Coordination



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